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7. What if the offense is too big and the pain is too deep? How do you forgive when you don't have the strength or desire to forgive?

8. What can you do to keep your mind from going back to the offense?

9. Can you think of a verse that you could pray that would help you forgive? Write it out in your own words.

10. What happens to your relationship with God when you withhold forgiveness?

11. What was the price for forgiveness of your sins? Do you accept that payment as the full and satisfying payment for sins, not only for yours, but for your offenders?