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7. What does it mean to you to “invite Jesus into your pain”?

8. How has the Lord used Scripture to bring healing to you?

- Any specific verses?

9. How do you cope with watching your loved ones in pain?

10. In what ways does ministering to others help alleviate our own pain?

11. How can we best minister to others in pain? What is most helpful?

12. “Don’t waste sorrow, grow through it.” How is sorrow wasted?

- Give a few examples of how you have grown as a result of sorrow.