

## Reflection & Discussion Questions

### Psalm 62:5

1. What do you think of when you hear the word *soul*? How do you think David meant it in Psalm 62?
2. Is waiting silently before God comfortable for you? Why or why not?
3. We are encouraged to wait silently for God alone. Are there other things you are looking to in the hope of meeting your expectation besides God? If so, who or what are they? What will you do to turn your attention back to Him alone?
4. How do you silence other matters on your heart when you are trying to be quiet before the Lord?
5. What do you usually base your expectations for God upon? What is your response when God does not meet your expectations?
6. Have you had expectations of God in the past that you now realize were not biblical or realistic? What are they? How will this realization change your view of God?
7. How do you react when others do not live up to your expectations of them? Would you say that your reaction is biblical? Why or why not?
8. How do you discern whether your expectations of others are appropriate? (Family, friends, church leaders, etc.)