

Reflection & Discussion Questions

Philippians 3:7-14

1. What things have you gained that you have now counted as loss for Christ? Are there other things in your life that should also be counted loss?
2. What is it that Paul did not count himself to have apprehended? What does this mean for your life?
3. What is involved with *forgetting those things which are behind*?
4. Is the past that we are to forget really totally forgotten? How can you keep the things in your life that need to be forgotten from reoccurring in your mind?
5. What are the kinds of things that you should be reaching for? Have you found it easier to reach for them after you have let go of *those things which are behind*?
6. What practical ways will you *reach forward to those things which are ahead*?
7. What is the upward call of God in your life?