Reflection & Discussion Questions Romans 8:18

1.	How do you describe suffering?
2.	What does 2 Corinthians 4: say our trials/sufferings are doing in our lives? Is this something you have a hard time accepting? Why or why not?
3.	It is easy to be distracted by things that are seen, especially when they are painful. How can you discern where the Lord may be working through them to accomplish something of eternal value?
4.	What fruit have you seen in your life that has been produced by suffering?
5.	When we experience suffering, the pain can be overwhelming. How can you maintain an eternal perspective that while the suffering may be intense, it is only for the present time?
6.	How is it that your inward woman is being renewed day by day? Is this causing you not to lose heart in your current situation?

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7.	What is the glory that shall be revealed in us? How does that help with you dealing with your present suffering?
8.	Is there anything that you can do today which will enable you to maintain your focus on those things that are not seen?
9.	How can you encourage and comfort another sister going through a painful trial?