

Reflection & Discussion Questions
Living in Uncertainty
Ephesians 2:10

1. Think about the story *I am Special*. What was the most important lesson for you from this story?
 - In what ways have you given dots and stars to those around you?
 - In what ways have you allowed others to give you dots and stars?

2. Who or what is attempting to shape your identity by pressuring you to be someone or something you are not?
 - How have these dots and stars defined how you see yourself as an adult?
 - How can believing that God *really* loves you change the way you view yourself?

3. The teaching challenged us to think about the pitfall of comparison. How can comparison encourage pride?
 - How can it encourage insecurity?
 - What are some of the other traps comparison can cause us to fall into?

4. Write out 2 Corinthians 10:12 in your own words. What can you learn and apply from this?

[Type here]

5. Consider the lies you have believed in your life. (These often include the words *always* or *never*) Write the lie(s) in the left column of the chart below. Now take time and search the Scriptures to discover the biblical truth that refutes each of them.

The Lie	The Truth
Example: I will always be defined by my past sins.	2 Corinthians 5:17 Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new.

6. Review (and write out, if you'd like) Ephesians 2:10 & Psalm 139:15. What did you learn from the teaching about being God's workmanship?
- How does understanding that you are God's workmanship change the way you view yourself?

 - How does it change the way you view your God?
7. Read 2 Corinthians 10:5. List a few ways you "manage your mind" to control your thoughts.
8. Read Ephesians 1 and list the blessings we have in Christ. Put an asterisk beside the ones that are *currently* the most important to you in your Christian walk. Why did you choose these particular blessings? Spend some time with the Lord this week in praise and thanksgiving for these blessings and for the reality of your *true* identity in Christ.