## Reflection & Discussion Questions Descending into Discontentment Philippians 4:11

- 1. What are some areas of discontentment that women struggle with?
- 2. How does the Lord view discontentment in our lives?
  - ° What does our discontentment say about the Lord and His character to others?

- 3. What definition for contentment was given in the teaching?
  - ° How closely does this definition describe your life?
- 4. Which one of the following keeps you from contentment most often?
  - · Waiting for circumstances to change
  - · Waiting for others to become happy/content
  - Not recognizing God is in control
  - · Lack of surrender
  - · Unrealistic goals
  - · Not thankful
  - ° What is one thing you can do to become more content in this area?

## [Type here]

- 5. How did Paul learn contentment in all circumstances? (2 Cor. 12:7-10; Phil. 4:11-13)
  - ° Give one example of how the Lord has taught you contentment.

- 6. In what ways have broken dreams and unmet desires drawn you closer to the Lord?
  - ° How is contentment possible in the middle of this type of pain?

- 7. How do the following promises bring contentment?
  - ° Psalm 37:3-5
  - ° Psalm 138:6-8
  - ° Habakkuk 3:17-19