

Reflection & Discussion Questions
Pitfalls of Trials
James 1:2

1. What are your typical reactions when you are faced with a deep trial?

2. Find a verse for each of the following reactions to trials that can help you respond in a better way:
 - Confusion
 - Discouragement
 - Fear
 - Resistance / Rebellion
 - Impatience
 - Resignation

3. List four things you can do now to prepare for the next trial that comes your way.

4. What do you learn from these verses that should help you gain perspective and comfort in a trial?
 - 2 Corinthians 4:16-18

 - 1 Peter 1:3-9

[Type here]

- 1 Peter 4:12-13

- Romans 8:28-29

5. Name three things you have learned about God through trials:

6. How does knowing the heart of God in a deeper way help you through trials?

7. Looking back on your trials, how did your relationship with the Lord grow?

8. Can you look at a past trial in your life and say that you would never have chosen to go through it, but you are thankful for what God has taught you from it? If yes, share a few things you learned from it and why you are thankful.

9. How have you experienced joy during a trial?