

Reflection & Discussion Questions
Potential Pitfalls of Prayerlessness
Hebrews 4:14-16

1. How do you define *prayer*?
 - What does the “privilege of prayer” mean to you?

2. Read Hebrews 4:16. How does knowing that it is a throne of *grace* help you to come boldly to the Lord in prayer, regardless of your current state?

3. What are a couple of things that have kept you from prayer? (i.e. busyness, self-sufficiency...)
 - How can you, or how do you, gain victory over these and return to prayer?
 - What is something you can do to avoid these pitfalls?

4. What do these verses teach you about prayer?
 - Proverbs 15:8
 - Isaiah 57:15
 - Jeremiah 33:3
 - Luke 11:9-10
 - Luke 18:1-8
 - James 4:2

5. How does 1 John 5:14-15 encourage you to pray?

[Type here]

6. What has the Lord taught you about “unanswered” prayer?

7. What would you say to the Lord today if He were to ask you, “How are you doing?” (Jer. 15:5b)
 - What would you say if He were to ask you, “What do you want Me to do for you?” (Matt. 20:32)

 - What do those questions tell you about the Lord’s heart for you?

8. How have you benefitted by another person’s prayer for you?

9. How is God using you to pray for others?

10. Share an answered prayer of yours.

11. How are you learning to “practice God’s presence”, or commune with Him, throughout the day?

12. How has your reliance on the Lord enabled you to go beyond your comfort zone and experience His faithfulness?

13. Take some time now to sit quietly with the Lord, the Lover of your soul.